

Pl	Stno	Name	Time	1.3 km	17 C	1(41)	2(40)	3(39)	4(34)	5(32)	6(31)	7(33)	8(36)	9(38)	10(37)	11(44)	12(43)	13(42)	14(45)
Iniciados M (3)						15(47)	16(49)	17(100)	F										
1	4820	Gonçalo Tavares [062] CA Madeira	15:05	1:01 1:01	4:15 3:14	4:36 0:21	5:23 0:47	5:58 0:35	6:17 0:19	7:10 0:53	7:36 0:26	9:40 2:04	10:23 0:43	11:11 0:48	11:55 0:44	12:19 0:24	13:04 0:45		
				13:48 0:44	14:32 0:44	14:49 0:17	15:05 0:16												
2	90024	Filpe Fernandes [137] LCM	15:39	1:25 1:25	2:49 1:24	3:34 0:45	4:29 0:55	5:18 0:49	5:43 0:25	6:21 0:38	7:00 0:39	7:45 0:45	8:33 0:48	9:49 1:16	11:47 1:58	12:14 0:27	13:10 0:56		
				13:56 0:46	14:40 0:44	15:06 0:26	15:39 0:33												
3	5103	Diogo Belo [062] CA Madeira	15:45	0:59 14:07	2:29 14:50	3:43 1:14	4:21 0:38	4:56 0:35	5:20 0:24	6:59 1:39	7:54 0:55	8:36 0:42	9:15 0:39	10:15 1:00	11:07 0:52	11:32 0:25	13:30 1:58		
				0:37	0:43	0:34	0:21												
Iniciados F (5)						15(47)	16(49)	17(100)	F										
1	5192	Vanessa Andrade [152] CDES	13:03	1:08 11:43	2:26 1:18	3:10 0:44	3:57 0:47	4:32 0:35	5:01 0:29	5:42 0:41	6:15 0:33	7:01 0:46	7:49 0:48	8:42 0:53	9:39 0:57	9:59 0:20	10:56 0:57		
				0:47	0:32	0:34	0:14												
2	4875	Carolina Luis [152] CDES	15:04	1:02 13:38	3:03 14:27	3:35 14:51	4:25 15:04	5:04 0:39	5:23 0:19	6:06 0:43	6:40 0:34	7:47 1:07	8:34 0:47	9:30 0:56	10:41 1:11	10:56 0:15	12:59 2:03		
				0:39	0:49	0:24	0:13												
3	4849	Laura Abreu [039] CP Telecom	23:28	1:08 21:54	2:59 22:51	3:43 23:12	5:08 23:28	5:50 0:42	6:25 0:35	10:33 4:08	11:07 0:34	11:58 0:51	12:55 0:57	14:14 1:19	18:38 4:24	19:07 0:29	20:32 1:25		
				1:22	0:57	0:21	0:16												
4	4874	Debora Gomes [152] CDES	23:57	1:38 21:43	3:41 22:47	4:25 23:24	6:59 23:57	9:40 0:47	10:18 1:04	11:03 0:37	12:33 0:45	13:56 1:30	15:02 1:23	16:39 1:06	18:15 1:37	18:49 0:34	20:56 2:07		
	4873	Edilma Mendonça [152] CDES	mp	1:28 1:28	4:43 3:15	5:28 0:45	9:10 3:42	11:42 2:32	12:14 0:32	12:58 0:44	13:48 0:50	14:43 0:55	15:31 0:48	16:43 1:12	17:51 1:08	----	19:34 1:43		
				20:54 1:20	21:43 0:49	24:01 2:18	24:29 0:28												
Juvenis M (1)						15(56)	16(55)	17(51)	18(49)	19(100)	F								
1	5182	Rafael Mendes [137] LCM	16:46	1:32 12:12	2:30 13:06	3:10 14:11	4:11 15:03	4:43 16:34	5:24 16:46	5:46 0:22	6:21 0:35	7:06 0:45	7:49 0:43	9:06 1:17	9:33 0:27	10:48 1:15	11:35 0:47		
				0:37	0:54	1:05	1:22	1:01	0:12										
Seniores M (10)						15(59)	16(58)	17(65)	18(64)	19(63)	20(62)	21(60)	22(56)	23(55)	24(54)	25(51)	26(49)	27(100)	F
1	3785	Nelson Baroca [062] CA Madeira	21:35	1:00 12:50	1:47 13:21	2:11 14:47	2:52 15:20	3:23 16:35	3:52 17:20	4:26 18:22	5:43 18:58	6:15 19:27	6:33 20:00	7:55 21:13	9:14 21:23	10:25 21:35	11:22 21:35		
				1:28	0:31	1:26	0:33	0:25	0:50	0:45	1:02	0:36	0:29	0:33	1:13	0:10	0:12		
2	2983	João Gomes [062] CA Madeira	25:53	1:02 15:12	1:50 16:03	2:19 17:41	3:14 18:18	4:03 18:46	4:42 19:44	5:40 20:49	6:48 21:58	7:48 22:46	8:18 23:20	8:41 24:03	10:03 25:25	11:24 25:35	12:45 25:53	13:46 25:53	
				1:26	0:51	1:38	0:37	0:28	0:58	1:05	1:09	0:48	0:34	0:43	1:22	0:10	0:18		
3	2156	Nuno Gonçalves [073] CMO Funchal	26:23	1:07 17:05	1:55 17:43	2:27 19:10	3:13 19:50	4:00 20:17	4:40 21:12	5:08 21:58	6:06 23:07	7:06 23:51	8:03 24:17	9:11 24:59	9:38 26:04	10:46 26:11	11:55 26:23	13:04 26:23	15:25 26:23
				1:40	0:38	1:27	0:40	0:27	0:55	0:46	1:09	0:44	0:26	0:42	1:05	0:07	0:12		
4	5195	António Abreu [158] ACDJS	26:53	1:15 16:46	2:06 17:25	2:50 19:01	3:40 19:45	4:35 20:19	5:09 21:22	5:48 22:11	6:48 23:24	7:22 24:06	8:31 24:40	9:49 25:26	11:20 26:31	14:08 26:38	15:15 26:53		
				1:31	0:39	1:36	0:44	0:34	1:03	0:49	1:13	0:42	0:34	0:46	1:05	0:07	0:15		
5	3027	Pedro Alves [062] CA Madeira	28:12	1:58 16:51	2:46 17:47	3:15 19:18	4:12 20:19	4:41 20:48	5:33 22:04	6:06 23:03	7:45 24:29	8:18 25:24	8:44 25:52	10:11 26:34	11:33 27:46	13:02 27:58	15:00 28:12		
				1:51	0:56	1:31	1:01	0:29	1:16	0:59	1:26	0:55	0:28	0:42	1:12	0:12	0:14		
6	90002	José Henriques [1000] Individual	30:55	1:37 18:06	2:29 19:15	3:05 20:55	4:19 21:43	5:10 22:19	5:48 23:22	6:35 24:28	8:27 25:38	9:05 26:41	10:00 27:26	11:33 28:29	12:56 30:00	14:20 30:41	16:20 30:55		
				1:46	1:09	1:40	0:48	0:36	1:03	1:06	1:10	1:03	0:45	1:03	1:31	0:41	0:14		
7	4877	Vitor Caires [152] CDES	33:03	1:29 20:06	2:32 20:52	3:33 23:17	4:55 24:03	5:41 24:42	7:29 25:58	8:18 27:00	10:05 28:29	10:37 29:15	11:19 30:04	13:24 31:06	15:02 32:38	16:35 32:49	18:12 33:03		
				1:54	0:46	2:25	0:46	0:39	1:16	1:02	1:29	0:46	0:49	1:02	1:32	0:11	0:14		
8	4751	Luis Miguel Mendes [152] CDES	33:21	1:25 17:47	2:58 18:31	3:29 20:08	4:49 25:35	5:55 26:18	6:40 27:12	8:04 27:56	9:48 29:40	10:21 30:20	11:34 30:50	12:44 31:39	13:41 32:53	15:05 33:11	15:53 33:21		
				1:54	0:44	1:37	0:43	0:34	1:04	0:54	1:44	0:40	0:30	0:49	1:14	0:18	0:10		
9	4812	Lino Alves [137] LCM	35:32	1:11 21:56	2:06 22:55	3:42 25:00	4:45 25:34	6:46 26:23	8:30 27:32	9:07 28:16	10:49 29:53	11:19 30:59	11:38 32:40	14:15 33:26	15:27 34:49	17:34 35:18	20:00 35:32		
				1:11	0:55	1:36	1:03	2:01	1:44	0:37	1:42	0:30	0:19	2:37	1:12	2:07	2:26		

Pl	Stno	Name	Time																
Veteranos I M (13)				2.9 km	24 C	<i>(cont.)</i>													
				1(42) 15(62)	2(44) 16(63)	3(37) 17(61)	4(34) 18(58)	5(33) 19(59)	6(40) 20(57)	7(38) 21(53)	8(45) 22(51)	9(47) 23(49)	10(48) 24(100)	11(52) F	12(55)	13(56)	14(60)		
13	2364	António Amador [073] CMO Funchal	44:33	1:22 1:22 23:55 1:12	2:36 1:14 25:16 1:21	3:39 1:03 27:39 2:23	4:31 1:52 29:39 2:00	5:25 0:54 31:12 1:33	6:10 0:45 35:55 4:43	7:10 3:08 39:06 3:11	8(45) 22(51)	9(47) 23(49)	10(48) 24(100)	11(52) F	12(55)	13(56)	14(60)		
OPT1 (21)				1.3 km	17 C														
				1(41) 15(47)	2(40) 16(49)	3(39) 17(100)	4(34) F	5(32)	6(31)	7(33)	8(36)	9(38)	10(37)	11(44)	12(43)	13(42)	14(45)		
1	90035	João Ornelas/ Alex [152] CDES	14:52	0:58 0:58 13:18 1:01	3:21 2:23 14:14 0:56	3:57 0:36 14:35 0:21	5:50 1:53 14:52 0:17	6:10 0:20	6:24 0:14	7:08 0:44	7:39 0:31	8:55 1:16	9:32 0:37	10:16 0:44	11:04 0:48	11:31 0:27	12:17 0:46		
2	90005	Natacha Freitas/ Lu [039] CP Telecom	18:19	1:15 16:21 0:53	3:16 2:01 17:32 1:11	3:42 0:26 18:07 0:35	5:51 2:09 18:19 0:12	6:27 0:36	6:45 0:18	7:25 0:40	8:04 0:39	8:28 0:24	9:31 1:03	10:27 0:56	11:18 0:51	12:29 3:11	13:28 0:59		
3	90022	Fátima Telo/ Carlos [039] CP Telecom	19:40	1:27 16:24 0:38	5:05 3:38 19:13 2:49	5:45 0:40 19:26 0:13	6:39 0:54 19:40 0:14	7:25 0:46	7:58 0:33	8:44 0:46	9:31 0:47	10:03 0:32	11:37 1:34	12:27 0:50	14:49 2:22	15:59 0:10	16:56 0:47		
4	90034	Hugo Luís/ Leandro [152] CDES	21:01	1:56 16:55 3:28	4:26 19:50 2:55	5:26 20:47 0:57	6:08 21:01 0:14	6:45 0:37	7:17 0:32	7:59 0:42	8:29 0:30	9:51 1:22	10:24 0:33	11:14 0:50	12:19 1:05	13:37 0:18	14:27 0:50		
5	90003	Alvaro Correia/ Lina [1000] Individual	21:17	1:57 19:52 0:57	4:55 20:42 0:50	5:41 20:59 0:17	6:51 21:17 0:18	7:58 1:07	8:25 0:27	9:21 0:56	9:56 0:35	10:43 0:47	11:49 1:06	13:04 1:15	14:19 1:15	17:14 2:55	18:55 1:41		
6	90028	Julio Abreu Maria/ J [1000] Individual	21:21	1:37 1:37 19:19 1:07	4:17 2:40 20:20 1:01	5:29 1:12 20:57 0:37	6:57 1:28 21:21 0:24	7:58 1:01	8:49 0:51	10:04 1:15	10:56 0:52	12:12 1:16	13:03 0:51	14:20 1:17	15:50 1:30	16:27 0:37	18:12 1:45		
7	2475	Elisabete Alves/ Cai [062] CA Madeira	22:00	1:47 1:47 19:46	3:12 1:25 20:44	3:54 0:42 21:39	7:43 3:49 22:00	8:30 0:47	8:54 0:24	10:04 1:10	10:44 0:40	11:20 0:36	12:32 1:12	13:28 0:56	14:58 1:30	15:42 0:44	18:35 2:53		
8	90033	Hugo Leme João Si [152] CDES	22:10	1:51 17:30 1:07	5:52 18:20 0:50	6:21 21:51 3:31	7:05 22:10 0:19	7:44 0:39	8:16 0:32	9:13 0:57	10:13 1:00	11:32 1:19	12:34 1:02	13:37 1:03	14:41 1:04	15:15 0:34	16:23 1:08		
9	90007	Jesus Jesus/ Maris [1000] Individual	23:08	1:27 1:27 21:15 0:53	6:53 5:26 22:06 0:51	7:37 0:44 22:39 0:33	8:33 0:56 23:08 0:29	9:20 0:47	9:49 0:29	10:52 1:03	11:23 0:31	12:00 0:37	13:39 1:39	14:46 1:07	17:18 2:32	17:44 0:26	20:22 2:38		
10	4887	Cristina Henriq/ Cle [062] CA Madeira	23:27	2:31 2:31 20:47 0:54	6:08 3:37 22:24 1:37	7:15 1:07 22:59 0:35	8:10 0:55 23:27 0:28	9:30 1:20	9:56 0:26	10:53 0:57	11:41 0:48	13:24 1:43	14:47 1:23	15:59 1:12	17:43 1:44	18:27 0:44	19:53 1:26		
11	90026	Carlos Silva Susana [062] CA Madeira	23:39	2:23 2:23 21:25 1:03	5:09 2:46 22:48 1:23	6:11 1:02 23:12 0:24	7:42 1:31 23:39 0:27	8:40 0:58	9:21 0:41	10:49 1:28	11:43 0:54	13:11 1:28	14:39 1:28	16:26 1:47	17:56 1:30	18:29 0:33	20:22 1:53		
12	90006	Afonso/ Inês Fernar [1000] Individual	23:43	4:55 4:55 20:28 1:05	7:01 2:06 22:54 2:26	7:39 0:38 23:21 0:27	9:19 1:40 23:43 0:22	10:13 0:54	10:49 0:36	11:57 1:08	12:45 0:48	13:41 0:56	14:34 0:53	15:30 0:56	16:55 1:25	18:10 1:15	19:23 1:13		
13	90032	Vanessa Nobrega/ S [1000] Individual	23:45	4:02 4:02 21:29 2:42	6:39 2:37 23:05 1:36	7:32 0:53 23:18 0:13	8:34 1:02 23:45 0:27	9:07 0:33	9:39 0:32	11:24 1:45	11:57 0:33	12:45 0:48	13:50 1:05	15:13 1:23	16:09 0:56	17:22 1:13	18:47 1:25		
14	90036	Célia Pereira Beatri [152] CDES	31:09	1:45 1:45 27:31 1:35	3:37 1:52 29:36 2:05	4:15 0:38 30:25 0:49	11:22 7:07 31:09 0:44	12:03 0:41	12:34 0:31	14:33 1:59	15:09 0:36	16:40 1:31	18:46 2:06	20:03 1:17	20:58 0:55	23:24 2:26	25:56 2:32		
15	90031	João Jesus [062] CA Madeira	31:16	1:37 1:37 29:03 1:20	3:26 1:49 30:25 1:22	4:42 1:16 30:55 0:30	5:28 0:46 31:16 0:21	15:00 9:32	15:58 0:58	16:47 0:49	17:25 0:38	18:54 1:29	20:02 1:08	21:45 1:43	24:07 2:22	25:23 1:16	27:43 2:20		
16	90038	Paulo Brito/ Carla/R [1000] Individual	32:22	2:23 2:23 28:26 1:42	5:54 3:31 30:46 2:20	6:46 0:52 31:28 0:42	7:49 1:03 32:22 0:54	8:58 1:09	9:36 0:38	10:43 1:07	12:00 1:17	14:13 2:13	18:42 4:29	21:04 2:22	23:34 2:30	24:16 0:42	26:44 2:28		
17	90019	Isaac Mas Jiménez [1000] Individual	33:24	3:50 3:50 31:21 0:42	14:04 10:14 32:38 1:17	14:32 0:28 32:53 0:15	20:24 5:52 33:24 0:31	20:48 0:24	21:07 0:19	21:48 0:41	22:19 0:31	23:17 0:58	24:46 1:29	25:23 0:37	26:15 0:52	29:47 3:32	30:39 0:52		
18	4888	Maria Franco [062] CA Madeira	39:10	8:14:20 8:14:20 36:41 1:14 8:18:48 *43	5:40 7:23 38:11 1:30 8:20:37 *45	13:03 6:53 0:00 0:59 8:21:23 *44	19:56 6:53 39:10 0:59 8:22:19 *100	21:00 1:04	23:18 2:18	24:55 1:37	25:41 0:46	26:15 0:34	27:59 1:44	29:33 1:34	31:39 2:06	32:01 0:22	35:27 3:26		
19	90020	Constantino Marull [1000] Individual	55:56	2:20 2:20 53:25 3:28	9:15 6:55 54:49 1:24	10:13 0:58 55:18 0:29	11:37 1:24 55:56 0:38	12:41 1:04	13:26 0:45	15:13 1:47	16:50 1:37	22:26 5:36	35:06 12:40	38:26 3:20	39:26 1:00	39:52 0:26	49:57 10:05		

Pl	Stno	Name	Time														
OPT1 (21)				1.3 km 17 C		<i>(cont.)</i>											
				1(41) 15(47)	2(40) 16(49)	3(39) 17(100)	4(34) F	5(32)	6(31)	7(33)	8(36)	9(38)	10(37)	11(44)	12(43)	13(42)	14(45)
20	90025	Adelaide Oliveira/ Tia [152] CDES	1:16:00	18:03 18:03 1:06:26 14:44	31:25 13:22 1:08:08 1:42	32:20 0:55 1:09:24 1:16	36:45 4:25 1:16:00 6:36	40:31 3:46	40:59 0:28 13:33 *37	41:44 0:45	42:28 0:44	45:16 2:48	46:29 1:13	47:41 1:12	49:20 1:39	49:48 0:28	51:42 1:54
	90037	Diogo Freitas Joana [152] CDES	mp	2:46 2:46 16:30 2:37	5:32 2:46 17:36 1:06	----- ----- 17:55 0:19	----- ----- 18:29 0:34	7:23 1:51	----- ----- 3:24 *43	----- ----- 4:04 *39	----- ----- 6:35 *33	8:29 1:06 14:19 *41	9:16 0:47 1:01	10:17 1:01	----- -----	13:53 3:36	----- -----
OPT2 (17)				1.9 km 19 C													
				1(46) 15(56)	2(33) 16(55)	3(43) 17(51)	4(44) 18(49)	5(38) 19(100)	6(32) F	7(36)	8(40)	9(42)	10(45)	11(47)	12(48)	13(52)	14(54)
1	90014	Luís Romão [062] CA Madeira	17:07	1:58 1:58 13:40 0:37	3:19 1:21 14:16 0:36	4:46 1:27 15:09 0:53	5:22 0:36 16:36 1:27	5:52 0:30 16:54 0:18	6:37 0:45 17:07 0:13	7:05 0:28	7:50 0:45	8:53 1:03	9:53 1:00	10:27 0:34	10:50 0:23	12:10 1:20	13:03 0:53
2	90023	Rui Santos/ Pedro F [152] CDES	18:19	1:14 1:14 14:30 0:47	2:33 1:19 15:14 0:44	3:29 0:56 16:11 0:57	4:36 1:07 17:45 4:42	5:25 0:49 18:00 5:21	6:21 0:56 18:19 6:17	6:45 0:24	7:18 0:33	8:21 1:03	9:11 0:50	9:50 0:39	10:34 0:44	12:30 1:56	13:43 1:13
3	90015	Miguel Romão [062] CA Madeira	18:49	2:05 2:05 14:09 1:35	3:05 1:00 15:28 1:19	3:57 0:52 16:34 1:06	4:42 0:45 17:48 1:14	5:21 0:39 18:36 0:48	6:17 0:56 18:49 0:13	6:47 0:30	7:38 0:51	8:36 0:58	9:20 0:44	9:54 0:34	10:23 0:29	11:43 1:20	12:34 0:51
4	90016	Alexandre/ Artur Ro [152] CDES	21:00	1:45 1:45 16:44 0:46	3:16 1:31 17:42 0:58	5:11 1:55 18:36 0:54	6:17 1:06 20:04 1:28	6:52 0:35 20:34 0:30	7:46 0:54 21:00 0:26	8:23 0:37	9:51 1:28	11:12 1:21	12:06 0:54	13:16 1:10	13:46 0:30	15:10 1:24	15:58 0:48
5	90010	Carlos Gonçalves / [1000] Individual	21:13	3:06 3:06 17:20 2:42	4:43 1:37 18:00 0:40	5:30 0:47 19:10 1:10	6:07 0:37 20:41 1:31	6:46 0:39 20:52 0:11	7:24 0:38 21:13 0:21	7:51 0:27	8:46 0:55	10:06 1:20	11:08 1:02	11:47 0:39	12:14 0:27	13:51 1:37	14:38 0:47
6	90017	Ivone Ferreira [152] CDES	21:44	2:44 2:44 16:51 0:30	4:01 1:17 18:21 1:30	5:07 1:06 19:30 1:09	6:40 1:33 21:03 1:33	7:27 0:47 21:23 0:20	8:22 0:55 21:44 0:21	8:48 0:26	9:34 0:46	10:25 0:51	11:26 1:01	12:05 0:39	12:40 0:35	15:33 2:53	16:21 0:48
7	90011	Sérgio Barreira/ Sar [1000] Individual	22:06	1:25 1:25 16:51 3:57	2:33 1:08 17:56 1:05	3:25 0:52 20:13 2:17	4:18 0:53 21:37 1:24	5:42 1:24 21:50 0:13	6:27 0:45 22:06 0:16	6:53 0:26	7:55 1:02	8:38 0:43	9:20 0:42	9:56 0:36	10:31 0:35	12:07 1:36	12:54 0:47
8	90008	Nuno Silva [1000] Individual	23:01	1:16 1:16 18:07 0:54	2:29 1:13 19:39 1:32	4:22 1:53 20:43 1:04	5:48 1:26 22:18 1:35	8:30 2:42 22:33 0:15	9:05 0:35 23:01 0:28	9:51 0:46	10:45 0:54	12:10 1:25	13:02 0:52	13:43 0:41	14:19 0:36	15:53 1:34	17:13 1:20
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	90029	Rubina Serrão/ Rub [1000] Individual	mp	9:24 9:24 22:13 0:47	10:25 1:01 22:57 0:44	11:23 0:58 24:25 1:28	13:01 1:38 27:11 2:46	13:50 0:49 27:21 0:10	15:05 1:15 27:35 0:14	15:27 0:22	----- -----	16:27 1:00	17:28 1:01	18:07 0:39	18:38 0:31	20:01 1:23	21:26 1:25
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